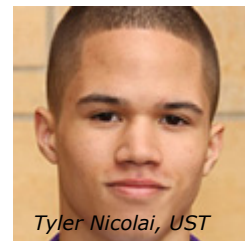


# 2009-10 MIAC Men's Basketball Awards

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St. Paul, Minn. -- The Minnesota Intercollegiate Athletic Conference (MIAC) announced the 2009-10 MIAC Men's Basketball Awards today, March 4, 2010. University of St. Thomas junior guard Tyler Nicolai was named the 2009-10 MIAC Player of the Year. Nicolai led the regular season MIAC Champion Tommies in scoring (13.8/game), steals (1.90/game), assist/turnover ratio (2.65), and field goal percentage (48.7 %) in conference play.



Saint John's University junior wing Sam Blank was selected as the MIAC Sixth Man of the Year. Blank was fourth in MIAC games hitting 35 3-pointers on the season with a 41.7% average. Blank averaged 10.2 points per game in conference play.

Augsburg head coach Aaron Griess was chosen as the 2009-10 MIAC Coach of the Year. Griess led the Auggies to their highest single season win total since 1998-99 as Augsburg finished tied for second place in the conference with a 13-7 record. During his five seasons at Augsburg, Griess has seen the Auggies improve their overall and conference win total each year.

As part of a conference-wide sportsmanship initiative, the MIAC announced the fourth annual All-MIAC Sportsmanship team for men's basketball. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

## 2009-10 MIAC Men's Basketball Awards

**Player of the Year** - Tyler Nicolai, St. Thomas (Jr., Minnetonka, Minn./Hopkins)

**Sixth Man of the Year** - Sam Blank, Saint John's (Jr., Rollingstone, Minn./Winona Cotter)

**Coach of the Year** - Aaron Griess, Augsburg (5th season)

### All-Conference

Name	Team	Year	Position	Hometown/High School
Ray Brown	Hamline	Sr.	Forward	St. Paul, Minn./Richfield
Aaron Burtzel	Saint John's	Jr.	Wing	Cold Spring, Minn./Rocori
Jon Cassens	Augsburg	Sr.	Guard	Prior Lake, Minn.
John Fraase	Concordia	Jr.	Forward	Bismarck, N.D./Century
Alex Healy	St. Thomas	Jr.	Guard	North Oaks, Minn./White Bear Lake
Carl Hipp	Hamline	Jr.	Center	Little Canada, Minn./Totino-Grace
Lukas Holland	Saint Mary's	Jr.	Guard	La Crosse, Wis./Central
Seth Jonker	Carleton	Jr.	Forward	Apple Valley, Minn./Eastview
Ryan McPartland	Gustavus	Sr.	Post	Le Sueur, Minn./Le Sueur-Henderson
Tyler Nicolai	St. Thomas	Jr.	Guard	Minnetonka, Minn./Hopkins
David Olson	Augsburg	Sr.	Guard	Lindstrom, Minn./Chisago Lakes
Nate Robertson	Bethel	Sr.	Center	Forest Lake, Minn.
Joe Scott	St. Thomas	Sr.	Guard	St. Anthony, Minn./De LaSalle
Jeremy Sutherland	Carleton	Jr.	Guard	Apple Valley, Minn./St. Bernard's
Phil Wirtjes	Gustavus	Jr.	Wing	Des Moines, Iowa/Holy Angels
Will Wright	Saint Mary's	Jr.	Guard	Chicago, Ill./Marist

### All-Defensive Team

Name	Team	Year	Position	Hometown/High School
Teddy Archer	St. Thomas	Sr.	Guard	Plymouth, Minn./DeLaSalle
Carl Hipp	Hamline	Jr.	Center	Little Canada, Minn./Totino-Grace
Tyler Nicolai	St. Thomas	Jr.	Guard	Minnetonka, Minn./Hopkins
Brett Sorenson	Augsburg	So.	Forward	Lakeville, Minn./South
Jeremy Sutherland	Carleton	Jr.	Guard	Apple Valley, Minn./St. Bernard's

### All-First Year Team

Name	Team	Year	Position	Hometown/High School
Noah Aquirre	Hamline	Fy.	Forward	Fillmore, Calif.
Greg Meyer	Bethel	Fy.	Guard	Brooklyn Center, Minn./Minnehaha Acad.

Chris Palmer	Saint Mary's	Fy.	Forward	Faribault, Minn./Bethlehem Academy
Pierce Peters	Macalester	Fy.	Guard	Glenwood, Minn./Minnewaska
Jordan Schmidt	Hamline	Fy.	Guard	Northbrook, Ill./Glenbrook North

#### Honorable Mention All-Conference

Name	Team	Year	Position	Hometown/High School
Sam Blank	Saint John's	Jr.	Wing	Rollingstone, Minn./Winona Cotter
Andy Burns	Saint John's	So.	Point	Shorewood, Minn./Minnetonka
Bobby Fong	St. Olaf	So.	Guard	Bloomington, Minn./Kennedy
Andrew Grzesiak-Grimm	Augsburg	So.	Forward	Wyoming, Minn./St. Francis
Stuart Neville	St. Olaf	So.	Forward	Eden Prairie, Minn./Benilde-St. M.
Darrin Olmscheid	Concordia	Jr.	Forward	Buffalo, Minn.
Chris Palmer	Saint Mary's	Fy.	Forward	Faribault, Minn./Bethlehem Acad.
Bryan Rosett	Carleton	Sr.	Forward	Cottage Grove, Minn./Park
Mark Torrell	St. Olaf	Sr.	Guard	Plymouth, Minn./Robb. Armstrong
Jesse Van Sickle	Gustavus	Sr.	Wing	Garden City, Minn./LCWM
Chris Vavra	Bethel	Sr.	Guard	Cambridge, Minn./Braham

#### 2009-10 All-MIAC Sportsmanship Team

Augsburg - Eren Cur (Fy., Plymouth, Minn./Wayzata)

Bethel - Rob Lang (Sr., Johnston, Iowa)

Carleton - Morris Nwogwugwu (Sr., Humble, Texas/Chinquapin School)

Concordia - John Fraase (Jr., Bismarck, N.D./Century)

Gustavus - Jesse Van Sickle (Sr., Garden City, Minn./Lake Crystal-Welcome-Memorial)

Hamline - Dan Andersen (Sr., Minneapolis, Minn./Robbinsdale Armstrong)

Macalester - Kyle Hamblett (Jr., Paris, France/American School of Paris)

Saint John's - Aaron Barmore (So., Bloomington, Minn./Jefferson)

Saint Mary's - Ryan Wockenfus (Jr., New London, Wis.)

St. Olaf - Mark Torell (Sr., Plymouth, Minn./Armstrong)

St. Thomas - Peter Leslie (So., West St. Paul, Minn./Henry Sibley)